

Baydon St Nicholas CE VA Primary School

Curriculum content 2 year rolling programme (Kapow)

2026-2027

Class	Term	Unit Title	Content overview
Robins	Autumn 1	Connecting with others: How can I help myself and	Identifying what makes them and others special, pupils learn how friends, family and classmates can help and support each other.
	Autumn 2	The Online World: How do we spend	Understanding how to stay safe and respectful online and recognising the different ways people use the internet in
	Spring 1	Health Protection: How can I protect myself and others in	Exploring illnesses and injuries, understanding the roles of different healthcare workers in prevention and treatment and practising how to get medical help.
	Spring 2	Staying Safe: How can I stay safe?	Recognising how rules help to keep people safe by identifying everyday hazards and understanding situations that could
	Summer 1	Connecting with others: How can I build safe, caring	Recognising how families and communities can be similar and different, pupils learn about kindness, respect and positive relationships.
	Summer 2	The online world: How can we stay safe online?	Developing awareness of online content, recognising that not everything is suitable or trustworthy, and learning how to respond when something online makes them feel worried or
Swifts	Autumn 1	Connecting with others: What helps	Recognising their own strengths, qualities and boundaries, pupils develop self-worth and confidence in expressing
	Autumn 2	The online world: How should we	Exploring ways people communicate online and understanding the importance of safe and respectful online behaviours.
	Spring 1	Citizenship: what careers do people choose and why?	Exploring careers, aspirations and equality by learning about different jobs, why people choose them and how careers can change over time. Pupils consider how interests, strengths and pay can influence career choices, while recognising and
	Spring 2	Staying Safe: What signs help me recognise what its	Developing personal safety skills by recognising warning signs, responding to uncomfortable situations and seeking help in an emergency.
	Summer 1	Connecting with others: How can we	Examining respectful and disrespectful behaviour by considering how actions and expectations can vary in different
	Summer 2	The online world: How can we decide	Developing critical thinking skills through exploring how information is found, shared and presented online.
Firecrests and Owls	Autumn 1	Connecting with others: Why are healthy relationships	Investigating identity, values and relationships by considering how experiences and beliefs can influence choices and behaviour.
	Autumn 2	The online world: How am I influenced	Considering how online content can influence choices by examining advertising, influencers and persuasive techniques
	Spring 1	Citizenship: How can we be in control of our money?	Distinguish between needs and wants when making spending decisions. Identify different sources of income and types of expenditure. Allocate money within a weekly budget while prioritising needs. Explain how a loan works. Evaluate whether taking out a loan is sensible, including the
	Spring 2	Connecting with others: What does it mean to stand up for	Developing self-respect and resilience by setting personal goals and practising respectful behaviour in different situations, including online.
	Summer 1	The online world: How do I feel about	Exploring how online experiences influence thoughts, feelings and behaviour, recognising online risks and learning how to

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	Summer 2	Staying safe: How can I stay safe as I grow up?	Developing understanding of hazards, risks and safer choices by exploring how to stay safe in different situations and considering how peer pressure and drug misuse can affect
YEAR 6	Summer 2	Sex education: How do people become parents and carers?	Learning the correct terminology for body parts, pupils develop an understanding of how babies are conceived, grow during pregnancy and are born.

2027-2028

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Robins	Autumn 1	My healthy self: How can we look after our	Recognising and naming a range of emotions, pupils learn to identify facial and body clues linked to feelings.
	Autumn 2	Citizenship: How can I help others and the	Recognising how care, respect and rules help people, animals and places feel safe and supported.
	Spring 1	Citizenship: How do people belong to a community and	Exploring communities, belonging and money through learning about the groups people belong to, the jobs people do and where money comes from.
	Spring 2	My healthy self: How can we	Understanding how everyday choices support health and wellbeing by exploring the effects of movement, sleep, food
	Summer 1	Growing up: How can we look after and respect our	Recognising how people grow and change over time through learning about physical development, privacy and personal boundaries.
	Summer 2	Staying safe: How can I make safe choices in	Understanding that unsafe situations can occur in different places and recognising common hazards at home and in public spaces.
Swifts	Autumn 1	My healthy self: How can I take care of my mind	Examining the connection between the mind and body by recognising and describing a wide range of emotions and feelings.
	Autumn 2	What rights and responsibilities do we have?	Recognise that human rights are rights everyone has and give examples of these rights. Explain that rights help people live safely, fairly and with respect. Describe some ways adults can help make sure children can access their rights. Suggest practical ways individuals can reduce materials or energy use. Explain why reducing usually comes before reusing and recycling in the waste reduction triangle. Explain that reusing is often better than recycling because
	Spring 1	Citizenship: What careers do people choose and why?	Exploring careers, aspirations and equality by learning about different jobs, why people choose them and how careers can change over time. Pupils consider how interests, strengths and pay can influence career choices, while recognising and
	Spring 2	Staying safe: What signs help me recognise	Developing personal safety skills by recognising warning signs, responding to uncomfortable situations and seeking help in an emergency.
	Summer 1	Citizenship: How can I spend money	Developing financial literacy through exploring how people spend and save money

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	Summer 2	YEAR 3: Growing up: How will my body and emotions change as I grow up? YEAR 2:	Year 3: Learning about the physical and emotional changes that occur during puberty, pupils recognise that these changes are normal and happen at different times for everyone. Year 2: Recognising how people grow and change over time through learning about physical development, privacy and personal boundaries.
Firecrests and Owls	Autumn 1	My healthy self: How can I support my	Understanding how everyday choices can support physical and emotional wellbeing by exploring nutrition, physical activity and self-regulation.
	Autumn 2	Citizenship: How can we make a difference in our	Developing active citizenship skills through exploring how people can make a difference in their communities and beyond.
	Spring 1	Growing up: How can I	Understanding the physical and emotional changes that happen during puberty, including their impact on feelings,
	Spring 2	My healthy self: How do my choices today	Developing knowledge of how making informed choices now can support future wellbeing by exploring the effects of mindset, behaviour, dental hygiene and care for others and self.
	Summer 1	Citizenship: How can we protect	Exploring human rights, laws and how the legal system helps uphold fairness in society. Pupils consider the consequences of breaking laws, examine prejudice and discrimination, and
	Summer 2	First aid	This optional unit goes beyond the basic first aid content covered in the Health protection units and beyond the statutory guidance. It prepares pupils for first aid learning in secondary school by raising awareness of emergency first aid and how to get support in an emergency. Pupils develop an awareness of first aid responses in situations
YEAR 6 ONLY	Summer 2	Sex education: How do people become parents	Learning the correct terminology for body parts, pupils develop an understanding of how babies are conceived, grow during pregnancy and are born.